

Equality and Diversity UK Ltd

**Activities, Quizzes, Games and Case studies
for embedding Gender Equality into
teaching and learning.**

Equality Activity pack 2

EDUK



2008

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About the Activities

These entertaining and thought provoking activities give participants the opportunity to experience and/or discuss gender discrimination issues from different viewpoints and consider how gender stereotyping may unwittingly influence subject choice, their career path and the activities they engage in.

This activity pack contains 12 practical tried and tested activities specifically aimed at engaging the 14-19 age group; however they can be easily adapted as required for Adult audiences. All offer the participants powerful insights into the key equality and diversity issues surrounding gender.

Each activity plan contains the following information:

Equality strand	The equality and diversity area(s) touched upon by the activity
Potential use	Group sizes, potential for adaption to cover other issues, use within the programme
Purpose	The rationale behind the activity
Learning outcomes	How participants will be able to demonstrate the knowledge or skills they will have gained by completing the activity
Resources	The resources and preparation you need to do in advance of the activity
Method	A step by step guide to delivering the activity
Variations	How the activity may be delivered in different ways to meet different needs or limitations
Handout, cards, answer sheets, and supporting information	A range of materials to support the activity

Activity Descriptions

Activity 1: Household Duties Gender Quiz

Working individually, in groups or as a whole class, participants allocate a variety of day to day activities and tasks to male or female members of the household before discussing the reasons for their decisions and whether making choices based on gender is fair.

Activity 2: Jobs Gender Quiz

In a similar vein to Activity 1, participants decide whether a variety of occupations are best done by men or women or whether they could be done by either, before discussing their reasoning and considering the effects that gender stereotyping can have on career choice.

Activity 3: Subject Options Gender Quiz

In this activity, participants decide which subjects are likely to appeal more to boys and which appeal more to girls before analysing their reasoning in the light of gender stereotyping, and making the link with the effects that this can have on subject choice.

Activity 4: Who Does What in Your House?

Participants look at what happens within their own households to reveal that gender stereotyping is alive and well and thriving in their homes in the 21st century, and then consider what the adverse effects of this might be on their plans for the future.

Activity 5: Gender Cards

Cards featuring various sexist comments and workplace issues are used as discussion prompts to encourage participants to consider whether such behaviour is acceptable and how it may be viewed by the individuals concerned and by employers.

Activity 6: Gender Bingo

This is a fun and energising activity in which participants have to find people with knowledge about role models, skills and qualities associated with traditionally gender segregated occupations and then reflect on the reasons for this.

Activity 7: Discussion Questions

Participants discuss issues such as perceptions about 'male' and 'female' personal qualities and the place of gender-related etiquette in modern society, debating the validity of these assumptions and behaviours.

Activity 8: Who Invented That?

The message that gender is no barrier to people with ideas, talent and the will to succeed is illustrated by asking participants to guess which out of a range of inventions that have impacted on our daily lives in a big way were actually invented by women.

Activity 9: Women in Mathematics

The lives and achievements of four prominent female mathematicians provide the inspiration for participants to recognise the qualities required by role models and to seek out further role models in the field of mathematics.

Activity 10: Gender Scenarios

Real life scenarios provide the basis for discussion and allow participants to empathise with the concerns of young people considering a non-traditional career path and their friends and family, and challenge negative and sexist views.

Activity 11: Communication Quiz

A magazine style true or false quiz, supported by academic findings, busts some of the stereotypes about how men and women communicate with each other but confirms others, highlighting the communication skills valued in the workplace and the importance of being assertive in order to get your message across.

Activity 12 The Glass Ceiling

Participants decide how they would challenge a real life situation where an employment agency appears to be discriminating on the grounds of gender, and consider the legal and ethical issues involved.

Equality and Diversity UK Ltd

Six Strands of Equality and Diversity

Activity Pack

EDUK



2008

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About the Activities

These entertaining and thought provoking activities give participants the opportunity to experience life from a different viewpoint and/or discuss issues with those who may have suffered discrimination, unwitting or otherwise, at firsthand.

This activity pack contains 30 practical tried and tested activities specifically aimed at engaging the 14-19 age group. Many are energetic and experiential, offering the participants powerful insights into key equality and diversity issues.

Each activity plan contains the following information:

Equality strand	The equality and diversity area(s) touched upon by the activity: Gender Race Age Class	Sexual orientation Religion Disability Deprive communities
Potential use	Group sizes, potential for adaption to cover other issues	
Purpose	The rationale behind the activity	
Learning outcomes	How participants will be able to demonstrate the knowledge or skills they will have gained by completing the activity	
Key terms	Words and phrases associated with equality and diversity issues that participants will have a deeper understanding of after completing the activity	
Resources	The resources and preparation you need to do in advance of the activity	
Method	A step by step guide to delivering the activity	
Variations	How the activity may be delivered in different ways to meet different needs or limitations	
Handout, cards, answer sheets, and supporting information	A range of materials to support the activity	

Activity Descriptions

Activity 1 Myth Busters

A true or false quiz enables participants to dispel popular misconceptions concerning mental illness.

Activity 2 Quiz

Participants compete in teams to get the highest score in this 10 question quiz to test their knowledge of a range of equality and diversity issues.

Activity 3 Perceptions: F Exercise

This lively icebreaker or short activity brings home the difference between treating people equally and treating them fairly.

Activity 4 Diversity Champion

Participants work together to decide what attributes are needed in order to be a leader in championing diversity and present their ideas in picture form.

Activity 5 The Sociogram Exercise

This is a physical activity in which participants decide where they personally stand (literally) on a range on a range of viewpoints relating to any one or all six equality strands.

Activity 6 Paradigm of Prejudice and Discrimination

Participants decide how they would respond to a range of everyday scenarios and analyse their behaviour to reveal their own prejudices and discriminatory behaviour.

Activity 7 Exploring Definitions

The importance of language in discussing diversity is demonstrated as participants devise individual and group definitions of terms such as prejudice, discrimination, racism, sexism and homophobia.

Activity 8 Detailed Quiz

This quiz reveals some startling facts that show discrimination is alive and well and living in our communities.

Activity 9 Diversity Bingo

This is a fun and energising activity in which participants have to find people with the right skills and knowledge of diversity in everyday life and popular culture in order to win the game.

Activity 10 Heterosexuality

This activity promotes understanding of the prejudices commonly encountered by gays and lesbians by turning the tables and subjecting heterosexuals to similar prejudices.

Activity 11 Life Chances

Participants take part in a physical activity that shows in a simple but effective way how some young people's options are limited by family background, racism, sexism, discrimination against disabled people and those who are lesbian or gay.

Activity 12 Stereotypes

Using older people as an example, this activity brings home to participants how we all carry stereotype images in our heads and automatically draw on them without thinking.

Activity 13 Case Studies

Participants have to use tact, diplomacy and assertive behaviour in order to maintain good working relationships whilst applying their learning to real life situations.

Activity 14 Stopping Harassment

This activity provides participants with a range of strategies and techniques for challenging and combating harassment in the form of teasing and bullying.

Activity 15 Growing Up and Growing Older

By reviewing a range of statements and comparing their answers, participants identify common stereotypes applied to young people, older people or both.

Activity 16 Similarities between Old and Young

Participants examine their own stereotypes about older people by considering older adults in their lives and the many similarities between the lives of teenagers and the lives of older people.

Activity 17 Balloon Tag

A high energy game of Tag leads on to a question and answer matching activity that helps to expand the participants' knowledge about world religions.

Activity 18 Discussion Statements

Participants analyse their own religious beliefs and/or values before debating issues concerning the impact of religion on modern life for individuals and society.

Activity 19 the Complexities of Sexual Orientation

Categorising a range of people based on descriptions of their preferences, experience and how they see themselves leads participants to realise that there is more to people's sexual orientation than simply labelling them as 'heterosexual', 'lesbian', 'gay' or 'bisexual'

Activity 20 Drawing Conclusions

This is a group activity in which participants draw images to represent gay, lesbian, bisexual, transgender and straight people before questioning the validity of these images.

Activity 21 the Girl with No Name

Hearing about the deep-rooted feelings and experiences of one transgender person in the quest to establish their true identity helps participants to empathise and recognise how they can offer support to transgender people.

Activity 22 Social Roles

This activity employs a self-reflective process in which participants write and share short pieces about how their gender identities were affected through childhood messages about what it meant to be a boy or a girl.

Activity 23 Female Action Heroes

After viewing excerpts from children's television programmes, the participants compare the female action heroes to their male counterparts and discuss whether these gender stereotypes influence the attitudes or behaviour of boys and girls.

Activity 24 Where's My Toy?

Participants consider how the toys we play with as children can reinforce gender stereotypes and attempt to choose gender-neutral gifts for the first ten years of a child's life.

Activity 25 Looking at Languages

Pictorial prompts help participants to consider the range of languages spoken in today's schools and the impressive achievement of young people who have to switch between languages in order to function in different areas of their lives.

Activity 26 Majority/Minority Relationships

This activity allows participants to experience being part of a majority group and being in a minority group and, in relation to ethnic groups, to think about the strategies we may use to break in and out of groups we form.

Activity 27 ChildLine Counsellors

Participants develop strategies for dealing with racist abuse by assuming the role of ChildLine counsellors advising young people who are victims of such abuse.

Activity 28 Visually Impaired

Gaining firsthand experience of carrying out a simple task with a visual impairment brings home to participants some of the problems experienced by visually impaired people in daily life and sets them thinking about adjustments that can be made to make things easier.

Activity 29 Hearing Impaired

Participants experience for themselves how hard it can be to communicate with other when you have a hearing impairment and work out what adjustments could be made to make day to day tasks easier.

Activity 30 Physically Challenged

Participants face a physical challenge that demonstrates how hard simple tasks can be when you do not have full use of your limbs and they consider the adjustments that can be made to help physically impaired people cope with ordinary tasks.

Equality and Diversity UK Ltd

Building Equality into Everyday Practice

Activities for implementing equality into day to day learning
EDUK



2008

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About the Activities

These entertaining and thought provoking activities give participants the opportunity to experience life from a different viewpoint and/or discuss issues with those who may have suffered discrimination, unwitting or otherwise, at firsthand.

This activity pack contains 19 practical tried and tested activities specifically aimed at engaging the staff and learners. They offer the participants powerful insights into key equality and diversity issues. The activities can be used as part of staff induction and training programmes, as well as with learners in the classroom.

Each activity plan contains the following information:

Equality strand	The equality and diversity area(s) touched upon by the activity: Gender Sexual orientation Race Religion Age Disability Bullying General anti-discrimination Equality Diversity
Potential use	Group sizes, potential for adaption to cover other issues
Purpose	The rationale behind the activity
Learning outcomes	How participants will be able to demonstrate the knowledge or skills they will have gained by completing the activity
Resources	The resources and preparation you need to do in advance of the activity
Method	A step by step guide to delivering the activity
Variations	How the activity may be delivered in different ways to meet different needs or limitations
Handout, cards, answer sheets, and supporting information	A range of materials to support the activity

Activity Descriptions

Activity 1 Equality and Fairness Word Game

Participants play a word game to highlight what the words equality and fairness mean to them and the issues they associate with them, before comparing their ideas and understanding with the views of others.

This activity can be adapted for used with participants with learning difficulties or disabilities.

Activity 2: Personal Profile

In this activity participants create their own personal profile and share it with a partner to highlight the richness of the diversity in the room the fact that we are all of us much more than what appears on the surface.

This activity can be adapted for used with participants with learning difficulties or disabilities.

Activity 3: What's in a Name?

Participants consider the origins of their own names and their feelings about them before reflecting on the importance of names within some cultures and the need to respect this in daily life.

This activity can be adapted for used with participants with learning difficulties or disabilities.

Activity 4: Equalities Bingo

This is a fun and energising activity in which participants have to find people with knowledge about role models and equality and diversity issues in everyday life and popular culture in order to win the game.

Activity 5: Language & Culture Quiz

The numbers and diversity of languages used within the UK are brought home to participants through this True or False quiz, along with the ways in which language can become a barrier to inclusion.

Activity 6: Sticks and Stones

Participants decide how they would challenge a real life situation where an employee is working in an environment where language that she considers racist and that she finds offensive is being used around her, and also consider the legal and ethical issues involved.

This activity can be adapted for used with participants with learning difficulties or disabilities.

Activity 7: Race equality Quiz

This quiz draws the participants' attention to the fact that immigration is not a recent phenomenon and how people from BME communities have overcome barriers to make considerable contributions in the in media, sport and wider political society.

Activity 8: Religion & Belief Quizzes

A range of quizzes covering Judaism, Hinduism and Islam helps to expand the participants' knowledge about world religions and leads to suggestions about how schools, colleges and workplaces can better support people's religious practices.

Activity 9: Right & Wrong Cards

Cards featuring various discriminatory comments and issues are used as discussion prompts to encourage participants to consider whether such behaviour is acceptable and how it may be viewed by the individuals concerned and by teachers/tutors and employers.

This activity can be adapted for used with participants with learning difficulties or disabilities.

Activity 10: Negative Stereotypes of Youth & Age

By allocating a range of negative stereotypes to older or young people in the workplace and comparing their views, participants come to realise that many of the same stereotypes are commonly applied to both groups, and consider ways of combating such ageism.

Activity 11: Sign Language

A practical activity in which participants try using British Sign Language and develop their own signs to impart information before reflecting on the importance of non verbal communication in daily life and for some people with disabilities.

This activity can be adapted for used with participants with learning difficulties or disabilities.

Activity 12: Definitions

The importance of language and what we mean by certain terms is demonstrated as participants devise individual and group definitions of the terms 'equality' and 'diversity' and suggest actions to promote equality and diversity in school/college and the workplace

Activity 13: Emotions & Feelings

A poem by a twelve year old girl provides the inspiration to help participants see beyond differences in looks or behaviour to the individual beneath and identify ways of challenging bullying and discrimination.

This activity can be adapted for used with participants with learning difficulties or disabilities.

Activity 14: Acceptable & Unacceptable Language

In order to explore how they can adapt the language they use in response to people's preferences and sensitivities, participants identify acceptable alternatives to a range of terms used to describe different groups and which the people concerned may find offensive.

This activity can be adapted for used with participants with learning difficulties or disabilities.

Activity 15: Race Relations Quiz

This quiz draws the participants' attention to the differences between direct and indirect discrimination and victimisation and harassment and the extent of the coverage of the Race Relations Act 1976.

Activity 16: Colour Blind

A poem leads participants to explore how physical attributes tell you nothing about personality, intelligence or ability, and to question the assumptions they make about others based on their own use of stereotyping.

Activity 17: Crayons

This activity uses a poem to help participants reflect on the meaning of diversity, the importance of respecting differences as well as similarities, and the unique contribution each person brings to society.

Activity 18: The Crayon Box

Shane Derolf's poem, *The Crayon Box That Talked*, brings home to participants the importance of understanding and respecting each other's strengths, cultures and values so that we can work together for the benefit of all.

Activity 19: Harmless Banter?

Participants look at the excuses people use to justify making potentially hurtful comments and learn to recognise when 'harmless' teasing and banter crosses the line to become discrimination, harassment, victimisation or bullying.