



Equality and Diversity UK  
[www.equalityanddiversity.co.uk](http://www.equalityanddiversity.co.uk)

# Understanding Domestic Violence and Abuse

# Course Overview:



- This course provides participants with a comprehensive understanding of domestic violence and abuse, focusing on the legal framework surrounding domestic abuse and coercive control.
- Participants will gain insight into the experiences of victims of domestic abuse, including the additional barriers faced by diverse individuals when accessing support.
- Through interactive sessions and case studies, participants will learn how to help victims recognise and name abuse, access support services, and encourage disclosures.
- The course also covers best practices when working with victims and identifying primary perpetrators and victims in abusive relationships.
- Participants will develop skills in completing risk assessments with victims and learn about national support services available for victims, along with techniques for signposting and referring individuals to these services.



# Course Aims:



This course aims to:

- Explore the legal framework surrounding domestic abuse and coercive control.
- Understand the experiences of victims of domestic abuse.
- Identify additional barriers to accessing support faced by diverse individuals.
- Equip professionals with the skills to help victims recognise and name abuse and access support.
- Recognise best practices for working with victims and encouraging disclosures.
- Develop skills in completing risk assessments with victims.
- Explore national support services available for victims and learn how to signpost and refer individuals to these services.



# Course Outcomes:



By the end of the course, participants will be able to:

- Describe the legal framework surrounding domestic abuse and coercive control.
- Identify and empathise with the experiences of victims of domestic abuse.
- Recognize the additional barriers diverse individuals face when accessing support.
- Assist victims in recognising and naming abuse and accessing appropriate support services.
- Apply best practices when working with victims and encouraging disclosures.
- Effectively complete risk assessments with victims to ensure their safety.
- Identify and utilise national support services available for victims and appropriately refer individuals to these services.



# Course Content:

- Introduction to Domestic Violence and Abuse
- **Legal Framework:** Understanding Domestic Abuse and Coercive Control
- **Experiences of Victims:** Understanding the Impact
- Barriers to Accessing Support for Diverse Individuals
- Helping Victims Recognise and Name Abuse
- Best Practices in Working with Victims and Encouraging Disclosures
- Identifying Primary Perpetrators and Victims
- **Risk Assessment:** Skills and Techniques
- National Support Services for Victims
- Signposting and Referral Techniques

