

Learn

Share

Be
Inspired

Make
a Difference

LUNCH & LEARN

COURAGEOUS CONVERSATIONS Series

SMALL CONVERSATIONS. BIG IMPACT.

Join Equality and Diversity UK for a series of engaging **60-minute lunchtime sessions** designed to inspire, challenge thinking and build confidence around Equality, Diversity and Inclusion.

Perfect for organisations looking for an **affordable introduction to EDI**, these interactive sessions provide practical tips, current good practice and real-world examples that staff can immediately apply in the workplace.

WHY ATTEND?



Bite-sized
60-minute
sessions



Cost-effective
alternative to a
full workshop



Practical
workplace
examples



Builds confidence
to have courageous
conversations



Supports
inclusive
workplace
cultures



Ideal for staff,
managers
and leaders



**60 MINUTES
ONLINE OR IN-PERSON**

- ✓ Key learning points
- ✓ Real workplace scenarios
- ✓ Interactive discussion
- ✓ Practical takeaways
- ✓ Resource handout included



IDEAL FOR

- Staff teams
- Managers
- Equality Champions
- Employee Networks
- Trustees
- Volunteers



A SMART INVESTMENT

A cost-effective way to introduce EDI learning across your organisation before progressing to our in-depth half-day and full-day programmes.

**Smaller time commitment.
Powerful organisational impact.**

CHOOSE FROM TOPICS INCLUDING



Race and
Allyship



Neurodiversity
at Work



LGBTQ+
Inclusion



Courageous
Conversations



Equality Act
2010 Essentials



Inclusive
Language



Understanding
Microaggressions



Inclusive
Leadership



Belonging in
the Workplace



Active Bystander
Skills



Challenging
Inappropriate
Behaviour



Embedding EDI
Good Practice



**BOOK YOUR
LUNCH & LEARN SERIES TODAY!**

Inspire. Engage. Create Change.



VISIT OUR WEBSITE
www.equalityanddiversity.co.uk



EMAIL US
training@equalityanddiversity.co.uk



CALL US
0333 772 2515

SCAN ME

Scan the QR code to explore our Courageous Conversations Training and all our programmes.



Creating workplaces where
everyone feels respected, heard and valued.



Championing Equality
Celebrating Diversity



Building Inclusive
Workplace Cultures